

News from Blue Heron Productions

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FOR IMMEDIATE RELEASE

“12 GOLDEN KEYS FOR A NEW WORLD”

Unlocking the Door to Conscious Freedom

—Change Your Life, Change Your Planet

Written by M. J. Milne

Blue Heron Productions

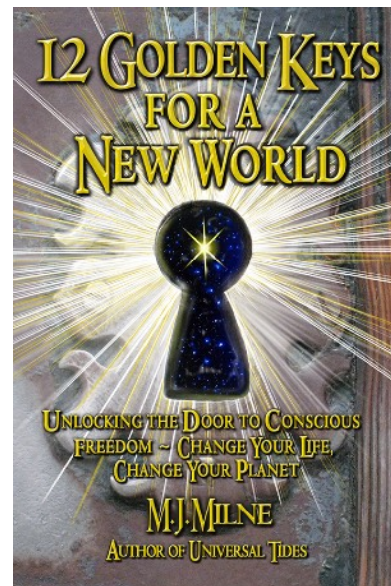
Subject: Body, Mind & Spirit/Inspirational/Spirituality/Self-realization

Softcover: 6" x 9", 312 pages

ISBN: 978-0-9739654-1-4; or, 978-0-9739654-6-9

ISBN E-Book: 978-0-9739654-4-5

Description: Prepare for a new world and discover your place within it. Overcome life's challenges by using 12 strategies for accessing your personal oracle—Soul—which guides you to live with passion, purpose, and freedom. The 12 Golden Keys are non-denominational, universal truths connected to ancient teachings that are in harmony with all life. Learn to Live to Live®, transforming chaos into contentment. Website: www.mjmilne.com



VANCOUVER, BC— BUS DRIVER MEETS STRANGE PASSENGER.

What would you do if you were at work and a mysterious person appeared from out of nowhere and told you he was an "ascended master" who had come to reveal some shocking secrets of existence and the power of Soul?

When such a teacher appeared before M. J. Milne, she chose to listen to him and also ask a lot of questions. As a result, Milne underwent a powerful spiritual awakening. Twenty-five years later, the result is found in her startling book: **12 Golden Keys for a New World: Unlocking the Door to Conscious Freedom** (Blue Heron Productions; 2010/2023; Order: Ingram/LSI or Amazon).

In 1983, Milne lived in North Vancouver, B.C., and worked as a professional transit bus driver. During a normal work shift, she met a spiritual master who waited for her at a bus stop three days in a row, but he never boarded the bus. On the last day, he gave her a message. After she heard this "calling" her life unfolded in a much different direction.

Milne says, "My life totally changed. I really didn't have a choice. Once your eyes are opened, it's impossible to live in the old way. Everyone can learn how to use these twelve techniques."

The 12 Golden Keys offer strategies on how to handle fear, stress, and worry; understand the death of a loved one; make excellent business and life decisions; overcome challenges with health, money, and relationships, to name a few.

Milne says, "No matter what your personal beliefs, listening to your inner guidance will help you make the correct decisions. For example, before the tsunami hit the beaches of Indonesia, the local Shamans listened to their dreams and visions, and went to higher ground *before* the wave hit. This learning to listen to Soul's guidance is one of the great secrets of life—and it's learnable."

12 Golden Keys for a New World could answer your questions and point you in the right direction to experience your own guided awakening. Website: www.mjmilne.com

Order from bookstores, or Ingram/LSI, or Amazon

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Description: Prepare for a new world and discover your place within it. Overcome life's challenges by accessing your personal oracle—Soul—which guides you to live with passion, purpose, and freedom.

About the Author:

M. J. MILNE is from North Vancouver, BC. She studied at the Emily Carr University of Art +Design, Simon Fraser University, and the University of British Columbia. Milne has traveled extensively, served as the grassroots publicist for Canadian music groups, and produced and directed special music events. She has published magazine articles; published the popular new-age/science-fiction novel *Universal Tides®* in which the 12 Golden Keys materialized; and, thus, wrote the inspirational, non-fiction book *12 Golden Keys for a New World*; and has also written two Romance novels; not to mention, five screenplays.



Praise for 12 Golden Keys for a New World

"MJM's book is an important practical guide with a valuable message about how the power of soul can influence and transform your life. I consider this path of the 12 Keys to be a universal spiritual practice, journey into healing the mind, body, and spirit." – JAMES TWYMAN, *New York Times* bestselling author

"M. J. Milne's book is a primer on how to find our way through the daunting world of the twenty-first century. She uses her own experiences to show the twelve golden keys in action. Exercises, personal stories from all over the world—everything to make it as easy as possible to follow the path to conscious freedom." – CLÉLIE RICH, poet, editor, and member of *Room's* editorial collective

"I love how this book is a practical yet also spiritual guide to living on this wonderful planet of ours! And the thirty stories from real people are each truly amazing!"
– RAYMOND AARON, *New York Times* bestselling author of *Chicken Soup for the Parent's Soul*

"An innovative approach to higher consciousness. The keys give access to the subconscious in a way that accelerates your transformation."
– NANCY SHIPLEY RUBIN, psychic & counselor, RubinEnterprises.info

"M.J. Milne's book inspires me to pay more attention to my spiritual growth—knowing I'll reap priceless benefits. Her anecdotes illuminate the book's very practical information about how to experience the power of Soul. I highly recommend *12 Golden Keys for a New World* for any seeker of wisdom."
– JEANE MANNING, Author, *Breakthrough Power*

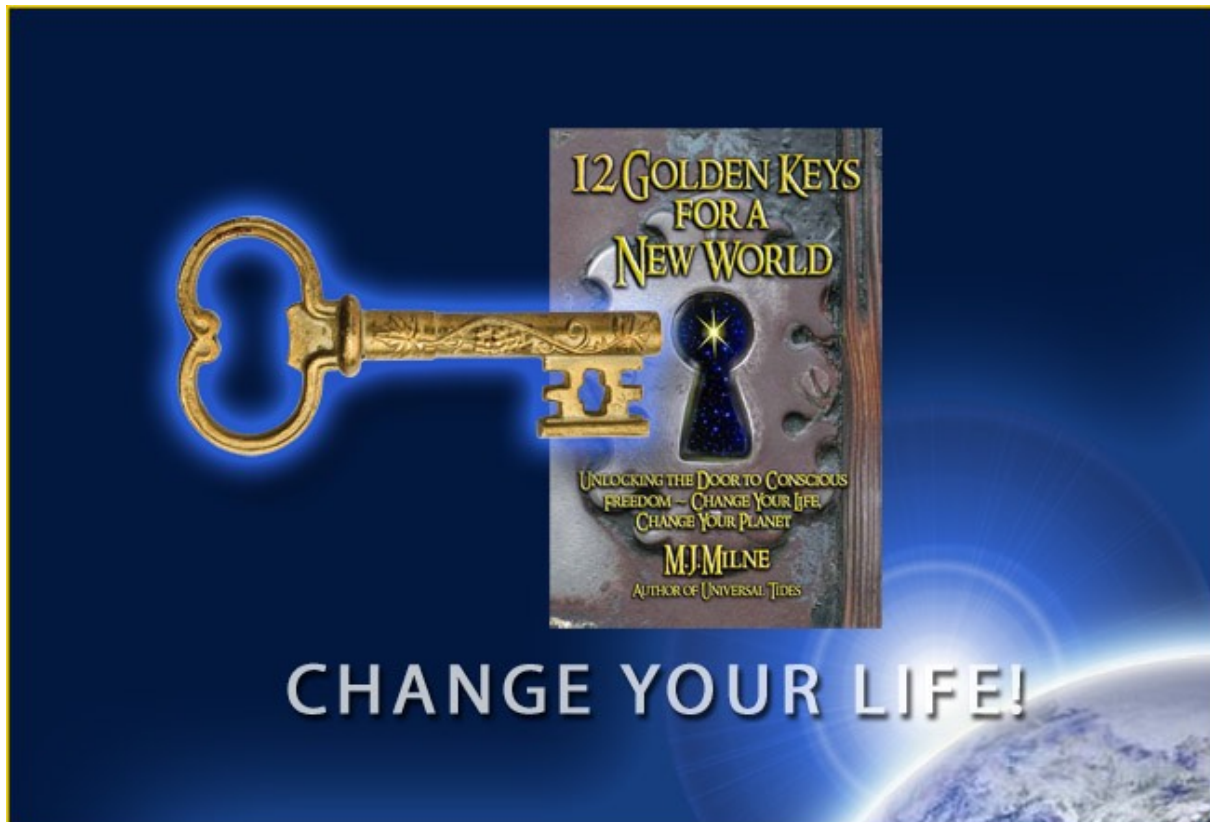
"What a powerful book! Your intuitive treasures awaken us to the spirit within and guide us to discover our own inner wisdom. Reading the 12GKs is like listening in on a conversation between our self and Soul in search of clarity. It's honest. It flows. And it inspires."
– JANET MATTHEWS, Co-author of *Chicken Soup for the Canadian Soul*

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and see what happens!



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